



HEALTH  
CONFERENCE  
2026

## Transforming Healthcare in Cyprus: New Trends, New Realities

26 February 2026, Landmark Hotel, Nicosia

### PROGRAM

15:00-15:30

#### Registrations

15:30-16:00

Welcome Address by Mr. George Pantelides Chairman of the Cyprus Employers & Industrialists Federation (OEB)

Welcome Address by H.E. the President of the Cyprus Republic Mr Nicos Christodoulides (invited)

### Session A

#### The Future of Healthcare Systems

The session explores how health systems function in practice, drawing on years of real-world experience. It reviews the current structure of the system, the challenges encountered, and corrective measures already implemented in Cyprus and in other European health systems, while highlighting practical lessons Cyprus can adopt to strengthen performance, accountability and long-term stability.

16:00-16:30

#### Keynote Speech

##### **Healthcare Economics Vs Economy of Health. Which direction to follow?**

Professor John Deanfield CBE, Professor of Cardiology, University College London

16:30-16:40

#### **Current trends and the future of health sector**

Mrs Sara Siegel, Deloitte Global Health & Human Services Sector Leader

16:40-16:50

#### **In search for a perfect healthcare system? The EU Concept**

Dr Petros Agathangelou, Chairman, Cyprus Medical Association

16:50-17:00

**The success story of the Alsace Region (France) in healthcare**

Daniel Cunio

17:00-17:30

**Panel Discussion**

Moderator: Mr. Filippos Patsalis, Professor University of Nicosia Medical School/  
Ex-Minister of Health

17.30-17.40

**Coffee Break**

**Session B**

**Redefining Value in Healthcare: From Economic Sustainability to  
Patient Experience**

The session shifts the focus to what “value” means in a modern health system—balancing clinical outcomes and patient experience. It examines how healthcare providers contribute to system performance, the evolving role of insurance, and the practical steps required to enhance quality and efficiency across the patient journey.

17:40-17:50

**Offering an elevated patient experience; lessons learned from health care providers  
in Cyprus and internationally**

Andros Antoniades, Chief Executive Officer, Aretaeio Hospital (member of the  
Hellenic Healthcare Group HHG)

17:50-18:00

**Private health insurance: A strategic pillar in an evolving healthcare system**

Mr. Marios Nicolaou, Head of Strategy and Business Development, Universal Life

18:00-18:10

**The Cyprus Realities: Status, challenges and plans.**

Mrs Iphigeneia Kammitsi, General Director, Health Insurance Organization

18.10-18.20

**Private Hospitals' Engagement in the Healthcare system: Challenges, Opportunities,  
and Impact**

Dr. Marios Karaiskakis, MD, General Surgeon, Director of Surgery and Surgical  
Unit at the German Medical Institute, Clinical Assistant Professor of Surgery at  
UNIC Medical School

## Session C

### **Health Governance in the AI Era: Cybersecurity, Mental Well-Being and Patient-Centred Care**

The session examines the role of technological progress in enhancing service delivery and health system performance, showcasing how innovation can support a more responsive, interconnected, and future-ready healthcare system in Cyprus.

18:30-18:40

#### **Medical Cybersecurity**

Daniel Cunio

18.40-18.50

#### **Humanistic healthcare and mental health in the era of advanced AI Technologies**

Dr Constantinos Phellas, Ethics of Predictive Analytics in Health

18:50 -19:00

Cyprus Federation of Patients' Associations

Speaker TBA

#### **Reception**

**Master of Ceremony: Natasa Lachana OEB Officer**

# SPEAKERS



## Professor John Deanfield

Professor John Deanfield, Professor of Cardiology at University College London, is a global leader in cardiovascular health and preventative medicine. His work has been pivotal in shifting the focus from treating established disease to preventing its onset. He has championed the concept of "Investing in your Arteries" based on his work describing the risk and benefit from cumulative exposure to risk factors and their treatment. As the UK government's first-ever Champion for Personalised Prevention, he has played a role in shaping national health strategies, advocating for a more proactive and individualized approach to healthcare. His work in this capacity has influenced policy decisions and helped set the stage for a new era of preventive medicine in the UK.



## Sara Siegel

Sara is Deloitte's Global healthcare sector Leader. She oversees all of Deloitte's healthcare practices in all countries of operation. Sara is based in the UK and maintains the NHS as a client in addition to her global portfolio. Sara's passion for health began when she moved to the UK in 2003 and was first exposed to the NHS.

Sara believes passionately in the mission of the NHS and sees the incredible value that a health service free at the point of need provides to society. With her teams, she supports the NHS to do more and better with the resources at its disposal. Some of Sara's work includes supporting the government on its Coronavirus testing programme, and the introduction of robotic and cognitive automation to improve the speed and quality of NHS services and to release more time for direct patient care. It is the introduction and uptake of new innovative practices either pioneered by individuals or tested first in other health systems around the world that Sara most enjoys working with her NHS clients on.

In her global role, Sara works to create connectivity between the health systems of the world all seeking to solve similar challenges. The practice supports healthcare clients with digital implementations, cyber security, data analytics, care pathway redesign, workforce improvements, virtual care and increasingly AI and Generative AI solutions to the wicked issues affecting healthcare. Sara is a trustee of the Peter Sowerby Foundation which supports healthcare causes, and she is a trustee of Helpforce which supports volunteering in the NHS.



## Dr Petros Agathangelou

Dr Petros Agathangelou is a Consultant Cardiologist and Consultant

Physician. He studied Medicine at the University of Chicago in the US, he gained Bachelor's degree in Human Physiology and subsequently he specialized in Cardiology and internal medicine. At present, he is the President of the Cyprus Medical Association. Moreover, he is an active member of various Scientific Committees in Cyprus and abroad. He is a Clinical Professor of Medicine and Cardiology. He has participated in several scientific studies that have been published in the local and international medical press, as well as in several medical conferences in Cyprus and abroad. In addition, he is the president of the Supreme Health Council for Athletes at the Cyprus Sports Authority, the lead Consultant and advisor for the program regarding the prevention of sudden cardiac death in young athletes and Vice President of the UEFA Medical Committee.



## Andros Antoniades

Andros Antoniades is Chief Executive Officer at Aretaeo Hospital, a member of the Hellenic Healthcare Group (HHG) where he has been since its founding. He brings more than 30 years of senior leadership experience across the healthcare, retail, wholesale, and financial sectors. He successfully delivered the hospital's full CHKS accreditation, led successful organizational transformation initiatives and executed comprehensive operational restructuring accompanied by strong financial results, thus reinforcing hospital's proven recognition in Cyprus. He played a critical role in the hospital's acquisition and introduction of the hospital in General Healthcare System (GHS) of Cyprus. Previously, Mr. Antoniades held Chief Financial Officer positions across multiple industries, including Aretaeo Hospital.

His areas of expertise include executive leadership & decision-making, operational excellence, financial management, organizational design and strategy implementation. He holds a BSc in Economics and MSc in Telecommunications from University of Minnesota, Twin Cities, USA, he is a Fellow Chartered Accountant (ICAEW), Certified Public Accountant (AICPA), Chartered Management Accountant (CIMA), Chartered Business Consultant (CABA) and a Business and Finance Professional (ICAEW).



### Marios Nicolaou

Marios Nicolaou is Head of Strategy and Business Development at Universal Life Insurance in Cyprus and a member of the Senior Management Team. His work focuses on strategy, growth, and transformation across life and health insurance. Previously, he led insurance-related strategy and consulting engagements, including work for Bupa on market entry and growth initiatives. He has also held senior strategy roles in UK-listed corporates and worked in strategy consulting and private equity advisory. Marios holds an MBA from London Business School and a PhD in Electrical & Electronic Engineering.



### Dr. Marios Karaiskakis

Dr. Marios Karaiskakis is a General Surgeon and Clinical Assistant Professor of Surgery at the Medical School of the University of Nicosia, where he also serves as Course Director for General Surgery. He is the Director of the Surgical Department and General Surgery at the German Medical Institute. He graduated from the Pancyprian Gymnasium, studied Medicine at Aristotle University of Thessaloniki, obtained his specialist title in General Surgery from the University of Athens, and completed a Research Fellowship in Trauma and the Surgical Intensive Care Unit at the University of Southern California, Los Angeles. His main clinical and research interests include surgical oncology, trauma, and intensive care medicine, with numerous international publications in reputable medical journals. He has served as Vice President of the Cyprus Medical Association, President of the Limassol Medical Association, Cyprus representative to the Standing Committee of European Doctors (CPME), and Vice President of the National eHealth Authority. He is currently President of the Cyprus Association of Private Hospitals (PASIN).



### Dr. Constantinos Phellas

Dr. Constantinos Phellas is the Senior Vice Rector at the University of Nicosia. Prof. Phellas serves as an external evaluator for various European Funding Agencies and also holds various official European and Governmental appointments; among others, he is: 1) the Chair of the Cyprus National Bioethics Committee, 2) the Chair of the Human Resource Development Authority of Cyprus, 3) the Chair of the Cyprus National Committee on the Well-Being of Senior Citizens and 4) a member of the Council of Europe's Steering Committee for Human Rights in the Fields of Biomedicine and Health (CDBIO).



### Moderator: Prof. Philippos Patsalis

Prof. Philippos Patsalis is a distinguished scientist with over 30 years of experience as an academic, researcher and executive. He is Professor of Human Genetics in the University of Nicosia Medical School and Member of the School Council, and served in top academic and leadership positions, among them as Chief Executive and Medical Director at the Cyprus Institute of Neurology and Genetics, Professor and Provost of the Cyprus School of Molecular Medicine, elected Board member of the European Society of Human Genetics, President of the National Board of Research & Innovation, and Minister of Health of the Republic of Cyprus. Prof. Patsalis holds over 200 international patents, authored 11 books, published over 140 scientific papers, and delivered more than 240 presentations at international conferences as Invited and Keynote Speaker.

## PLATINUM SPONSOR



Hellenic Healthcare Group (HHG) is the largest private healthcare services group in Greece and Cyprus. It was founded in 2018 with the aim of playing a leading role in the continuous development of medical and nursing care, a market that presents significant opportunities and prospects in Greece and Cyprus. It is committed to implementing an ambitious vision for the modernization of healthcare services in line with the highest standards and to positioning Greece and Cyprus as internationally leading countries in medical and nursing care. The Group owns and develops model nursing units and Centres of Excellence that offer high-quality and internationally competitive healthcare services, invest in medical scientific research, and aspire to attract specialized scientific personnel from Greece, Cyprus, and abroad, while simultaneously reversing the "brain drain" in the healthcare sector. With a strong sense of responsibility, HHG aims to create value for the patient, the physician, the nurse, the healthcare professional, and above all for healthcare in Greece, Cyprus, and internationally through strategic business and scientific collaborations. The Group's mission is to provide the best medical and nursing care to every patient and for every health condition through timely prevention, accurate diagnosis, and personalized treatment. HHG operates 9 leading hospitals in Greece, 4 private hospitals in Cyprus, advanced diagnostic centres, as well as other primary healthcare services.

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Universal Life was the first insurance company to be founded in Cyprus in 1970 after the enactment of the local insurance legislation. Universal Life was instrumental in the development of the life insurance industry in Cyprus through the introduction of new insurance concepts and the advancement of insurance values amongst Cypriots. Today, Universal Life is one of the most prominent life insurance companies of the island and the leading company in the local accident and health sector. During the decade it has been ranked numerous times as the most trusted and reliable insurance company in the Life Insurance Sector in Cyprus. The Company's products are distributed through a network of professional and highly trained full time insurance agents. Furthermore, Universal Life is a socially responsible company that offers back to society by being an active contributor in areas that have a positive impact on the quality of life of all Cypriots thus giving a true meaning to its brand promise "Caring for what matters".



PROTON is one of the most dynamically growing organizations in the healthcare and technology sectors, with a clear strategic direction, strong infrastructure, and a constant commitment to innovation. With many years of experience and an expanded scope of activities, the Group has established itself as a reliable partner for healthcare professionals as well as public and private sector entities. PROTON operates in the distribution of medical devices and pharmaceuticals, the development of digital health solutions, and specialized fields such as border and airport control systems and the provision of dialysis services. Through strategic partnerships with leading international companies, it delivers modern, reliable, and high value-added solutions. The Group systematically invests in new technologies, advanced information systems, and highly skilled human capital, ensuring efficiency, transparency, and quality at every level of operation. With more than 200 employees and a presence in Greece and Cyprus, with offices in Athens, Thessaloniki, Heraklion, and Cyprus, PROTON continues to expand its business footprint. At the core of the Group's philosophy lie quality, sustainable growth, and the creation of long-term value for all stakeholders. Through responsible business practices and corporate social responsibility initiatives, PROTON actively contributes to the improvement of health, safety, and quality of life. With a clear vision for the future and a strong focus on innovation, digital transformation, and personalized solutions, the PROTON Group continues to play a leading role in shaping a modern, efficient, and reliable ecosystem for healthcare and security.

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