

Annual Congress 2025



Final Program

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Under the auspices of the President
of the Cyprus Republic

5-6 | APR | 2025

**Amathus Beach Hotel,
Limassol, Cyprus**

Awarded with 12 CME points from the
Cyprus Medical Association

Dear friends and colleagues,

As we gather here once again, it's truly astonishing how swiftly another year has passed. We find ourselves confronted with fresh challenges and new conflicts that shape our daily lives, yet our commitment to providing the highest quality care to our patients and staying abreast of the latest developments remains unwavering.

With this unwavering dedication in mind, we are thrilled to host this year's meeting and extend a warm invitation to all of you. Over the course of this weekend, we will engage in updates and debates spanning a wide spectrum of subjects within our specialty. One of the hallmarks of our meeting, as noted by many, is the diverse range of topics covered, reflecting the dynamic nature of our field.

For numerous years, this gathering has held a prominent position in our organization's calendar. It is a source of immense pride for us when we hear from past participants who hold this event in the same high regard.

We warmly welcome you to this year's meeting and eagerly anticipate another stimulating and enriching interaction. Together, we will continue to share our wealth of knowledge, exchange innovative ideas, and relish each other's company in a relaxed and congenial social program.

Our deepest gratitude goes out to each and every one of you for attending this event. We extend a special appreciation to our esteemed speakers, whose expertise and contributions are the bedrock of this meeting. Without their dedication, this gathering would not be possible.

As we embark on this weekend of learning, collaboration, and camaraderie, let us reaffirm our shared commitment to advancing our field and, most importantly, to delivering the best possible care to our patients.

Thank you for being a part of this extraordinary community, and we look forward to a rewarding and memorable meeting.

Warm regards,



Theo Potamitis
Pantheo Director



Katia Papastavrou
Meeting Organiser





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References: 1. Market Scope - 2023 Premium Cataract Surgery Market Report; 2023 IOL Market Report. 2. Alcon Data on File, 2022. REF-22137.

Please refer to the product direction for use for a complete list of indications, contraindications and warnings.

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Speakers 2025 (in Alphabetical Order)

- Antoniou Yianna MD. Consultant Ophthalmologist, Vitreoretinal Surgeon, Limassol, Cyprus
- Aristodemou Petros FRCOphth (London). Consultant Ophthalmologist, Vitreoretinal Surgeon, Limassol, Cyprus
- Barua Ankur MBChB FRCOphth MA (Medical Law & Ethics) BSc (Hons) PGDip. Consultant Ophthalmologist, Cornea and Refractive Specialist, Sandwell and West Birmingham Hospital and Midland Eye, Birmingham, UK
- Cikatricis Peter FRCOphth. Consultant Ophthalmologist, Vitreoretinal Surgeon, Pantheo Eye Center and Laser Vision, Cyprus
- Downes Susan MBChB MD FRCOphth. Consultant Ophthalmologist, Medical Retina, Professor of Ophthalmology, University of Oxford, UK
- Dülger Erol MD. Consultant Ophthalmologist, Assistant Professor in Ophthalmology, Near East University School of Medicine, Vip Health Clinic, Nicosia, Cyprus
- Fielder Alistair FRCS FRCOphth FRCP. Emeritus Professor of Ophthalmology, City University London, UK
- Georgoulli Theodora MD MSc. Consultant Ophthalmologist, Oculoplastic Surgeon, Limassol, Cyprus
- Kirwan James MA FRCOphth. Consultant Ophthalmologist, Glaucoma Specialist, Portsmouth Hospitals, UK
- Koukkouli Antigoni MBBS FRCOphth MSc MEd. Consultant Ophthalmologist, Oculoplastics and Neuro ophthalmology, Pantheo Eye Center, Cyprus
- Kyprianou Ioannis MBChB (Hons), FRCOphth. Consultant Ophthalmologist, Oculoplastics and Orbits, Nicosia, Cyprus
- Liasis Alkis PhD. Consultant Electrophysiologist, Professor of Visual Electrophysiology, Pittsburg, USA, Clinical Professor at the University of Nicosia Medical School, Cyprus and USA
- Menon Jayshree MBBS FRCS FRCOphth. Consultant Ophthalmologist, Oculoplastics, University Hospital of Northamptonshire, Kettering, President of the Midland Ophthalmological Society, UK
- Michaels Luke BMBS BMedSc (Hons) FEBO FRCOphth. Senior Vitreoretinal Fellow, St Thomas' Hospital London, UK
- Nicolaides Kypros FRCOG. Professor of Fetal Medicine, King's College Hospital, London, UK
- Nikita Eleni MD CCT (Hons) FRCOphth. Consultant Ophthalmologist, Glaucoma Specialist, Moorfields Eye Hospital, London, UK
- Palos Michalis MD. Consultant Ophthalmologist, Cornea Specialist, Pantheo Eye Center, Cyprus
- Pravin Pandey FRCOphth. Consultant Ophthalmologist, Glaucoma Specialist, Birmingham and Midland Eye Center, Birmingham, UK
- Papastavrou Katia MD. Consultant Ophthalmologist, Glaucoma Specialist, Pantheo Eye Center, Cyprus
- Parulekar Manoj MS FRCS (Ophth) Ed FRCOphth DNB. Consultant Paediatric Ophthalmologist, Birmingham Women's and Children's Hospital, Oxford University Hospitals, Birmingham and Oxford UK
- Potamitis Theodoros MB ChB FRCOphth. Associate Professor of Ophthalmology, University of Nicosia Medical School, Consultant Ophthalmologist, Vitreoretinal Surgeon, Pantheo Eye Center, Cyprus
- Taylor Robert FRCOphth. Associate Professor, Grenada Medical School, Consultant Paediatric Ophthalmologist, York Teaching Hospital, York, UK
- Theodoropoulou Sophia MD PhD FRCOphth. Consultant Ophthalmologist, Medical Retina, Hygeia Hospital, Athens, Greece
- Tsierkezou Loukiana MD. Consultant Ophthalmologist, Medical Retina and Uveitis Specialist, Pantheo Eye Center, Cyprus
- Tyagi Ajai MS FRCS MBA. Consultant Ophthalmologist, Vitreoretinal Surgeon, Birmingham and Midland Eye Center, Birmingham, UK
- Wong Roger BA MBBS FRCOphth MBA. Consultant Ophthalmologist, Vitreoretinal Surgeon, Guy's and St Thomas' Hospital, London, UK
- Verity David MD MA FRCOphth. Consultant Ophthalmologist, Oculoplastics and Orbital Surgeon, Moorfields Eye Hospital, London, UK
- Vrahimi Maria BSc (Hons) MBChB FRCOphth CCT (UK). Consultant Neuro ophthalmologist, Nicosia, Cyprus



KEYNOTE SPEAKERS BIOGRAPHIES

PANTHEO FOUNDATION KEYNOTE LECTURE

Guest Speaker: Professor Kypros Nicolaides, FRCOG

Professor of Fetal Medicine, King's College Hospital, London, UK



Professor Kypros Nicolaides is the founder and chairman of the of The Fetal Medicine Foundation (FMF) which he set up in 1995. He is one of the pioneers of fetal medicine. His discoveries have revolutionized fetal medicine. He introduced the screening of chromosomal and structural abnormalities, has improved the screening and prevention of pre-eclampsia and premature birth and allowed the development of fetal therapy. He is the author of more than a thousand peer-reviewed scientific articles and more than 30 books and monographs. He has an H-index of 183, which is the highest of any Obstetrician & Gynaecologist in the world, and has had his research cited over 135,000 times.

He is currently the director of the fetal medicine unit at the King's College Hospital in London, recognized as the largest fetal medicine unit in the world, where dozens of doctors come yearly from all around the world for training.

He has recently proposed a new model of pregnancy care – “Turning the Pyramid of Prenatal Care”. This aims to assess the risk for most of the relevant pregnancy complications affecting mother and unborn child during a hospital visit at 11-13 weeks of gestation and, on the basis of such risks, provide personalized care to reduce an adverse outcome.

UNIVERSITY OF NICOSIA MEDICAL SCHOOL KEYNOTE LECTURE

Guest Speaker: Sofia Theodoropoulou, MD, PhD, FRCOphth

Consultant ophthalmologist at Hygeia Hospital, Athens, Greece.



Sofia Theodoropoulou, MD, PhD, FRCOphth is a graduate of Athens Medical School and has been full trained in Surgical Ophthalmology in United Kingdom (Cambridge, Bristol). She is a member of Royal College of Ophthalmologists, UK, while she has performed a fellowship in MEEI, Harvard Medical School, and also completed a PhD in Ophthalmology.

She has been Associate Professor (Senior Lecturer) in University of Bristol and consultant ophthalmologist at NHS. She has received numerous awards and grants, including the Global Ophthalmology Award from Bayer (2017) for her contribution in treatment in retinal diseases and a grant from the Academy of Medical Sciences for Immunotherapy for macular degeneration (2016). She has numerous publications and presentation in international conferences, with over 800 citations. Since 2022, she is consultant ophthalmologist at Hygeia Hospital, Athens, Greece.

SATURDAY 5 APRIL 2025

08:45 WELCOMING ADDRESS

Theodoros Potamitis, Director of Pantheo Eye Center
Michael Damianos, Minister of Health, Cyprus Republic
Savvas Hadjiraftis, President of the Cyprus Ophthalmological Society
Andreas Ioannou, President of the Limassol Medical Association

9:00 Paediatric Ophthalmology

Ophthalmic haemorrhages in infancy
Prof Alistair Fielder, London, UK

Myopia Epidemic: Looking Far into our kids future
Mr Robert Taylor, York, UK

The new era in myopia management
Constantinos Kallias, Limassol, Cyprus

10:15 Neuro ophthalmology

A case of diplopia
Ms Maria Vrahimi, Nicosia, Cyprus

Visual snow: what we know so far
Ms Antigoni Koukkoulli, Limassol, Cyprus

Electrophysiological markers of visual snow syndrome
Prof Alkis Liasis, London, UK

11:00 COFFEE BREAK

11:30 Glaucoma

GATT: The game-changer in glaucoma surgery
Mr Pravin Pandey, Birmingham, UK

Surgical approach of the young glaucoma patient
Ms Eleni Nikita

Fungus the bogeyman: what's the point of it all
Mr James Kirwan, Portsmouth, UK

What lies beneath- post glaucoma surgery complications for general ophthalmologists
Dr Katia Papastavrou, Limassol, Cyprus

13:00 UNIVERSITY OF NICOSIA MEDICAL SCHOOL KEYNOTE LECTURE

Guest Speaker: Sofia Theodoropoulou, MD, PhD, FRCOphth
Consultant ophthalmologist at Hygeia Hospital, Athens, Greece

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1. Clareon® IOL, Directions for Use. 2. Lane S, Collins S, Das KK, Maass S, Thatthamla I, Schatz H, Van Noy S, Jain R. Evaluation of intraocular lens mechanical stability. J Cataract Refract Surg. 2019 Apr;45(4):501-506. 3. Alcon Data on File, 2017. 4. Lehmann R, Maxwell A, Lubeck DM, Fong R, Walters TR, Fakadej A. Effectiveness and Safety of the Clareon Monofocal Intraocular Lens: Outcomes from a 12-Month Single-Arm Clinical Study in a Large Sample. Clin Ophthalmol. 2021;15:1647-1657. 5. Oshika T, Fujita Y, Inamura M, Miyata K. Mid-term and long-term clinical assessments of a new 1-piece hydrophobic acrylic IOL with hydroxyethyl methacrylate. J Cataract Refract Surg. 2020 May;46(5):682-687. 6. AcrySof® IQ Vivity® Extended Vision IOL, Directions for Use. 7. Bala, Chandra, et al. Multi-country clinical outcomes of a new nondiffractive presbyopia-correcting intraocular lens. Journal of Cataract and Refractive Surgery Publish Ahead of Print DOI:10.1097/j.jcrs.0000000000000712. 8. Varma, Devesh, et al. Clinical Outcomes of a New Non-Diffractive Presbyopia-Correcting Intraocular Lens From Two Large Confirmatory Studies. American Academy of Ophthalmology. Abstract: PA005. 9. Alcon Data on File, 2022. [A01970-REP-211731] - Optical Equivalency of Clareon Monofocal and AcrySof IQ IOL Version 1.2 REF-15172. Based on Studies with AcrySof®; Clareon® and AcrySof® are optically equivalent with the same -0.2µm aspheric design resulting in improved depth of focus.

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13:30 LUNCH BREAK

15:00 Orbits

Thyroid eye disease: challenges and current concepts in management

Mr Ioannis Kyprianou, Nicosia, Cyprus

Orbital sarcomas

Mr David Verity

15:30 Medical retina / Uveitis

Just another day in uveitis clinic

Dr Loukiana Tsierkezou, Limassol, Cyprus

Macular Degeneration through the ages

Prof Susan Downes, Oxford, UK

Spectrum of pachychoroid maculopathies

Mr Petros Aristodemou

16:45 Surgical retina

Vitreoretinal pot pourri

Mr Theodoros Potamitis, Limassol, Cyprus

Managing complex retinal cases

Mr Ajai Tyagi

Clusters of posterior toxic syndrome

Dr Yianna Antoniou, Limassol, Cyprus

17:30 Closure

19:30 GALA DINNER

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09:00 Oculoplastics

Management of ophthalmic complications of botulinum toxin injection in cosmetic applications
Dr Erol Dülger, Nicosia, Cyprus

Epiphora: think before you snip
Dr Theodora Georgouli, Limassol, Cyprus

Congenital ptosis surgery: an alternative to fascia lata
Ms Jayshree Menon, Birmingham, UK

10:30 PANTHEO FOUNDATION LECTURE

Guest Speaker: Professor Kypros Nicolaides, FRCOG
Professor of Fetal Medicine at King's College Hospital, London, UK

Title: Ophthalmic imaging in pregnancy complications



11:00 COFFEE BREAK

11:30 Cornea

Herpes simplex keratouveitis
Dr Michalis Palos, Limassol, Cyprus

Corneal neurotization
Manoj Parulekar

12:00 Cataract and refractive surgery

Optimizing refractive surgery outcomes
Mr Ankur Barua, Birmingham, UK

Single hand Malyugin ring technique
Mr Peter Cikatricis

Trends in secondary lens implants
Mr Luke Michaels, London, UK

Yamane technique for IOL fixation
Prof Roger Wong, London, UK

13:30 LUNCH BREAK

15:00 Video Session

5 minute video presentations with tips and tricks for all ophthalmic specialties with discussion



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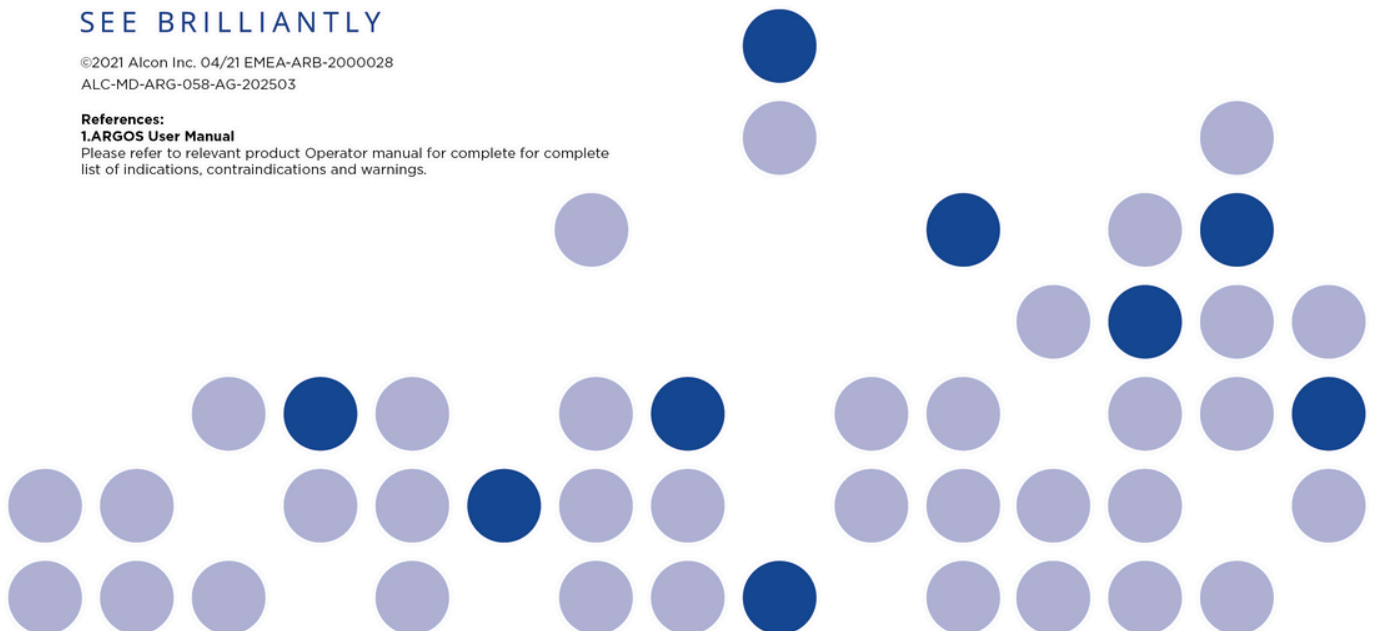
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References:

1. ARGOS User Manual

Please refer to relevant product Operator manual for complete for complete list of indications, contraindications and warnings.



15:30 ALISTAIR FIELDER PRIZE IN OPHTHALMOLOGY

This is a rapid fire presentation divided in two sessions, one for medical students and the other one for trainees in Ophthalmology. A prize will be given to the best presentation to each session as well as a poster prize. The prize is dedicated to Professor Alistair Fielder who has been an inspiration in medical teaching for all of us.

Judging Committee: Alistair Fielder, Robert Taylor

15:30 Introduction by Professor Alistair Fielder

15:35 Part I: Rapid fire presentations by trainees in Ophthalmology

The devastating long term ocular surface side effects of myelodysplastic syndrome and their management

Panos Vouzounis, Somerset NHS Foundation Trust, UK

Beyond the obvious

Neofytos Maliotis, Nikaia General Hospital, Greece

Impact of Pre-operative and Donor Factors on the Rate of Corneal Graft Clearance: Insights from Serial AS-OCT imaging

Demetris Kola, Archbishop Makarios III Hospital, Nicosia, Cyprus

Surgical and non-surgical approach for tear trough correction: Fat repositioning vs Hyaluronic acid fillers

Stylianios Christodoulou, Archbishop Makarios III Hospital, Nicosia, Cyprus

Long-term monitoring of Corneal grafts via Anterior Segment Optical Coherence Tomography Pachymetry Maps

Neofytos Michael, Archbishop Makarios III Hospital, Nicosia, Cyprus

Do NOT keep an eye out for melanoma

Abraham Gabriel, Ashford and St. Peter's Hospitals NHS Trust, Surrey, UK

From fun to harm: laser pointer toy- maculopathy

Paschalia Michelongona, Archbishop Makarios III Hospital, Nicosia, Cyprus

Case Series on the Intraoperative Use of Surgicel-Triamcinolone During External Dacryocystorhinostomy (DCR) Leading to Postoperative Wound Dehiscence

Sammie Mak, St James' Hospital, Leeds,, UK

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16:50 Part II: Rapid fire case reports by medical students

Insights into primary conjunctival amyloidosis

Naresh Sinnathamby, University of Nicosia Medical School, Cyprus

Cyst or Twist? Unmasking the Hidden Dynamics of Anterior Segment Cysts

Mohammadali Badri, European University Cyprus Medical School, Cyprus

Terson Syndrome: A Retinal Window into Neurological Crisis

Gamal Haraga, University of Nicosia Medical School, Cyprus

Phantom Perceptions: A Case of Coexisting Charles Bonnet and Musical Ear Syndrome

Sokratis Konstantinidis, University of Nicosia Medical School, Cyprus

CRAO to PAMM: A Case of Vision Salvage Through Early Intervention

Prakriti Sachdev, University of Nicosia Medical School, Cyprus

TBA

Nicolas Nicolaou, University College London Medical School, London, UK

17:45 Announcement of winners

18:00 End of congress

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References: 1. Silverstein S, Yeu E, Tauber J, Guillon M, Jones L, Galarreta D, Srinivasan S, Manoj V. Symptom Relief Following a Single Dose of Propylene Glycol-Hydroxypropyl Guar Nanoemulsion in Patients with Dry Eye Disease: A Phase IV, Multicenter Trial. Clin Ophthalmol. 2020;14:3167-3177. Springs CL. Novel hydroxypropyl-guar gellable lubricant eye drops for treatment of dry eye. Adv Ther. 2010 Oct;27(10):681-90. doi: 10.1007/s12325-010-0052-3. Epub 2010.

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